

'S

SLEEP
STORY

.....



When it is time
for bed,
I will
put on
my
pajamas.

Next,
I will brush
my teeth





After that,
I will
go
potty

Next,
I will get
into my
bed





Mommy or
Daddy will
read me
a story
and give me a
kiss.

They will
turn
off the
lights.






I will lay
in bed
quietly
and fall
asleep.

If I have
trouble
sleeping,
I can
cuddle
my friends.





I feel great
when I
sleep in my
bed all
night!



**I will get a sticker
when I follow
my sleep manner chart!**