

Gentle Sleep Success Workshop Questionnaire

Parents Name:

Phone:

Email:

Child’s Name:

Child’s Age:

Have you started the Shuffle? Is so, when?

When do you want to start sleep coaching?

Please a typical 24 hour schedule that includes what time your child naps, goes to bed, wakes up etc:

Any medical issues?

What is your child’s sleep crutch(es)?

Anything else I should know?

Any questions?